



Gastroscopy Preparation

Before Scheduling the Examination

Please inform your doctor if you:

- Take anticoagulant or antiplatelet medications (e.g., Sintrom, Plavix, aspirin)
- Have allergies to medications or suffer from heart, kidney, or lung conditions
- Have a metal valve or joint, or are immunosuppressed
- Are pregnant or there is a possibility of pregnancy

Preparation

Fasting is required for eight (8) hours before the examination — no food or liquids allowed.

- Only water is permitted up to four (4) hours before the gastroscopy
- If you are on medication, consult your doctor for possible dosage adjustments

On the Day of the Examination

- Bring your Social Security Number (AMKA) and a valid ID card
- Driving is not allowed after the procedure due to sedation — you must be accompanied
- If available, bring any previous endoscopic or blood test results

Proper preparation ensures your safety and a reliable diagnostic outcome.